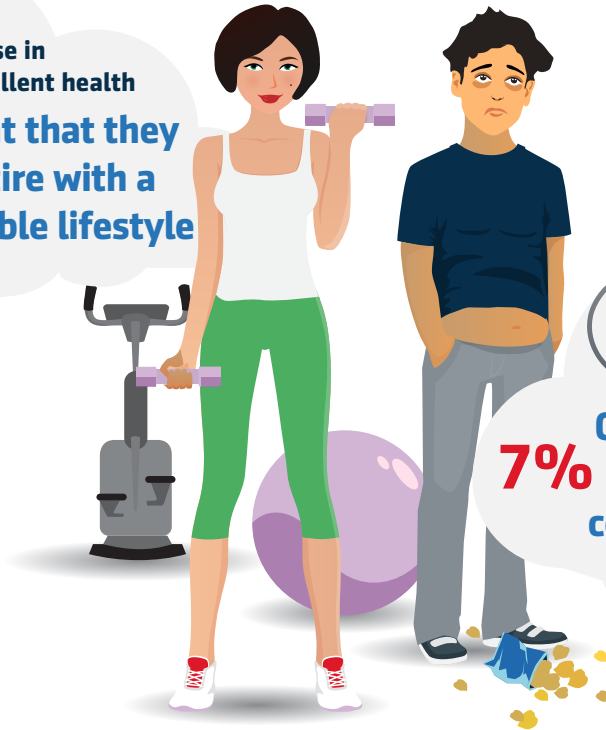


# Staying healthy makes a difference



Those in excellent health

**42%** Confident that they will retire with a comfortable lifestyle



Those in poor health

**7%** Confident that they will retire with a comfortable lifestyle

**TRANSAMERICA CENTER**  
FOR RETIREMENT STUDIES

Source: Aegon Retirement Readiness Survey 2015. This study is a collaboration between Transamerica Center for Retirement Studies® (TCRS) and Aegon Center for Longevity and Retirement. TCRS is a division of the Transamerica Institute®, a nonprofit, private foundation that is funded by contributions from Transamerica Life Insurance Company and its affiliates and may receive funds from unaffiliated third parties. For more information and full survey results, visit [www.transamericacenter.org](http://www.transamericacenter.org)